Three Years in Denial

Living in denial is easy. I like to sit on our door steps – as I did so often waiting for Charlie to come back home – and stare at the mid-day, blinding sun, or into the suburban, starry night sky, then wait for a joyous moment to come – a moment when time is non-linear, space is not three dimensional, and I am with Charlie again. Many of him.

Living in denial, at times however, can also be extremely hard. Recently, someone whom I utterly respect and trust said to me unequivocally — as if he wanted to jolt me out of an idiotic delusion — "your son will never come back." I don't remember how I held back tears at that moment. But, this is not the hardest. The hardest is the constant, nagging voice — my own, self-doubting voice — creeping in with the same words at sleepless nights, and shattering my carefully built belief system. When the next sun shines through the blinds, I get up and piece the broken bits back together, again.

Heartachingly vacillating between denial and acceptance of the undeniable, yet more unacceptable, brutality, I have made peace with a new stage of grief: acceptance of denial. As paradoxical as it sounds, it works while I am patiently waiting to see Charlie again.

Happy Mother's Day!

We celebrate this holiday by making a gift of \$10,000 to Weill Cornell Center for Reproductive Medicine to support their finest minds seeking solutions for ameliorating quality of life for female cancer survivors. Weill Cornell is the epicenter for discoveries in reproductive treatments, and this research program will continue their legacy. On this Mother's Day, we cannot think of a more meaningful celebration than supporting brilliant doctors and scientists help deserving women become mothers and bring miracles to their families.

Our Commitment and Impacts

Demonstrating our unwavering commitment to helping suffering children and their families, today, we're also making a donation of \$8,000 to Mount Sinai Hospital Department of Neurology to support 2017 Pediatric Headache Fellowship Program. This is our 3rd year supporting this program. Only a few years ago, the closest pediatric headache doctor was at Cleveland Clinic. Now, 3 doctors have completed the fellowship and are serving in NY and NJ areas. We're exceptionally grateful to all of our compassionate and generous Zhangogh Foundation partners for making the donations possible.

A Thousand Thanks

To dear friends at Morgan Stanley Credit Risk Department who have held summer-long casual Friday fundraisers and participated in MS Annual Appeal Program benefiting Zhangogh Foundation for three consecutive years. And, a special thank-you to Cindy Tse for organizing these events. You all are amazing!



WHEN I SEE YOU AGAIN

Donation Update

Well Wishers: 491
Total Amount: \$106,643

Support Foundation

Proudly Supporting

- Feb '17: Art performance at South Mountain School
- Jul '17: 2017-2018 Pediatric Headache Fellowship Program at Mt Sinai Hospital
- 9/18/2017: 7th round of fund distributions to hospitals & schools
- TBD: Art workshop with an artist at Millburn High School



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